

# Coming Soon!! "St. Regis Renewal" Please Plan on Attending Assembly!!



Saint  
Regis  
Parish

"A Pennsylvania Charitable Trust"

517 Homewood Avenue  
Trafford, PA 15085  
Phone: 412-372-4577  
Fax: 412-373-5979  
www.stregistrafford.org

A Parish  
of the  
Diocese of  
Greensburg



## OFFICE HOURS

Mon/Thur..8:30am to 4:00pm  
Friday .....8:30am to 12:00pm

Mon.-Thur. Mass at 8:00am  
Saturday Mass at 5:00pm  
Sunday Mass at 9:30am

Exposition and  
Adoration  
2nd Wednesday  
each month



**BAPTISM**...3rd Sunday of the month at 9:30am Mass (Parents must attend Baptism Preparation). Call Karen at ext. #208  
**RECONCILIATION**  
Saturday 4:00pm to 4:45pm or call Fr. Dave  
**MATRIMONY**...One year notice required

*If you have any suspicion about the sexual abuse (or any other type of abuse) of a minor child by anyone - please contact PA Childline immediately at 1-800-932-0313. If the alleged abuser is functioning in a parish, school or diocesan position as clergy, religious, paid staff or volunteer you are asked to contact the Bishop's Delegate for Matters of Sexual Misconduct after you have called the Childline number and made the report. The Bishop's Delegate may be reached at 724-837-0901, ext. 1221.*

## March 31st.....Fourth Sunday of Lent



## PARISH STAFF

Fr. David Nazimek, Pastor (ext. #205) dnazimek@dioceseofgreensburg.org  
Ms. Florence Gradisek, Liturgy & Music (ext. #209) fgradisek@dioceseofgreensburg.org  
Mrs. Karen McDade, Faith Form. & Media Mgr. (ext. #208) kmcdade@dioceseofgreensburg.org  
Mr. Michael Daversa, Business Manager (ext. #204) mdaversa@dioceseofgreensburg.org  
Ms. Joyce Miller, Parish Secretary and Sacristan (ext. #206) jmiller@dioceseofgreensburg.org  
Mr. Steve Spang, Maintenance Manager

St. Regis Finance Council Rudy Benedetti, Debi Bayer, Jeff Blank, Annette Costlow, Romeo DeMarco, and Marty Maskiewicz

St. Regis Pastoral Council Muff Hart, Bill Kepes, Ed Kifer, Darlene Mazak, Lorri Muhitch, Rich Rauso, Marilyn Rauso, and John Wos

## OUR MISSION.....

We are the family of Saint Regis, a diverse faith-filled community of caring people. We commit ourselves to be Christ-like to one another, promoting active participation by all in building the parish faith community. Unified through Word and Worship, we answer the call to love and serve God. We resolve to share our faith through prayer, outreach and service.

The St. Regis votive light is lit this week in prayer for

**Robert Hoffman**

From  
Kurt & Nancy Morgan



Parish Schedule from Monday April 1st. to Sunday April 7th.

Monday, April 1.. .....1:00pm \_\_\_\_\_ Sleeping Bag Project  
 Tuesday, April 2.....8:00am \_\_\_\_\_ **Mass** /Lenten Morning Prayer  
 9:00am & 6:30pm \_\_\_\_\_ Adult Ed. 'Oremus"  
 7:30pm \_\_\_\_\_ Life of Joy Prayer Group  
 Wednesday, April 3.....4:00pm \_\_\_\_\_ Chimes practice  
 7:00pm \_\_\_\_\_ **Stations of the Cross** (Traditional)  
 7:30pm \_\_\_\_\_ Handbells practice  
 Saturday, April 6.....4:00pm \_\_\_\_\_ Confessions  
 5:00pm \_\_\_\_\_ **Mass**  
 6:00pm \_\_\_\_\_ Coffee & Donuts  
 Sunday, April 7.....9:30am \_\_\_\_\_ **Mass** /CLW  
 10:30am \_\_\_\_\_ Coffee & Donuts (Ushers)  
 11:00am \_\_\_\_\_ SHYM

**Masses Intentions this week**

<b>MON</b> 4/1/19 8:00am	<b>Living &amp; Deceased members of St. Regis</b>
<b>TUE</b> 4/2/19 8:00am	<b>Living &amp; Deceased members of St. Regis</b>
<b>WED</b> 4/3/19 8:00am	<b>Ted &amp; Sis Ratkus</b> (Larry & Shirley)
<b>THUR</b> 4/4/19 8:00am	<b>Agnes &amp; Henry Trukowski</b> (Marty & Chris Casper)
<b>FRI</b> 4/5/19	<b>No Mass</b>
<b>SAT</b> 4/6/19 5:00pm	<b>Ruth Baric</b> (Nancy) <b>Living &amp; Deceased Members of St. Regis</b>
<b>SUN</b> 4/7/19 9:30am  6:30pm	<b>Joseph Bruno</b> (Family)  <b>Regional Mass St. Barbara's</b>

**Minister Schedule**

MINISTRY	SAT 4/6/19	SUN 4/7/19
ALTAR SERVERS	Zach Conley David McDade Paul Ragan Jacob Zigarovich	Gino Delisi Marco Delisi Nathan Kravetz Aidan Sanders
EUCCHARISTIC MINISTERS	Jean Lawrence Darlene Mazak Karen McDade Karen Mercalde John Mock Shirley Ratkus Mike Ziemski Paula Ziesmski <Unfilled>	Barbara Benedetti Kathy Gisi Mary Ann Hussey Colleen Jones Helen Kravetz Cookie Lutz Mark Marston Carol Richardson Tiffany Sanders
GREETERS	Debbie Comer Ann Endler	Annette Costlow Dan Kravetz
LECTORS	Nancy Baric (1) Charlotte Steich (2)	Rod Gisi (1) Bruno Mediate (2)

**Readings for the week of March 31, 2019**

Monday: Is 65:17-21/Ps 30:2 and 4, 5-6, 11-12a and 13b [2a]/Jn 4:43-54  
 Tuesday: Ez 47:1-9, 12/Ps 46:2-3, 5-6, 8-9 [8]/Jn 5:1-16  
 Wednesday: Is 49:8-15/Ps 145:8-9, 13cd-14, 17-18 [8a]/Jn 5:17-30  
 Thursday: Ex 32:7-14/Ps 106:19-20, 21-22, 23 [4a]/Jn 5:31-47  
 Friday: Wis 2:1a, 12-22/Ps 34:17-18, 19-20, 21 and 23 [19a]/Jn 7:1-2, 10, 25-30  
 Saturday: Is 43:16-21/Ps 126:1-2, 2-3, 4-5, 6 [3]/Phil 3:8-14/Jn 8:1-11  
 Next Sunday: Is 43:16-21/Ps 126:1-2, 2-3, 4-5, 6 [3]/Phil 3:8-14/Jn 8:1-11

**4th Sunday of Lent** – A springtime reflection on planting a garden might provide us with some insights into the meaning of the Season of Lent which takes us into the Easter Resurrection. Planting potatoes in some parts of the United States is a ritual that take place on St Patrick’s Day or Good Friday, but the ritual is ancient. Before planting potatoes, you must first cut out those pieces containing eyes. Then those pieces are ready to be buried in the good soil of the garden. In a play on words we can see a similar relationship between Easter and the destruction of the “I.” For without cutting out the “I,” without the death of the ego, there can be no personal resurrection experience. Easter is a joyous event which we may express with elaborate alleluias, feasting, new clothes, candy rabbits and brightly decorated eggs. But it is a painful experience as well! Easter is the celebration of the resurrection, but a resurrection implies death. We are eager to celebrate life but reluctant to die first!

The death of Easter is more than the death of the body. It is that deeper death of a superpower – the ego, the “I” and its almost dictatorial position. If we seek holiness and wholeness, we must “cut out” the great “I” and bury it. This is no easy task, for the “I” reacts strongly to any effort to limit its authority. The “I” wants to have its own way and to have it right now, with no compromise and no opposition. We want what we want when we want it!

Part of the task is to find the “I” of the self, just as we locate the eye of the potato. In its daily demands for attention, the “I” wears a thousand and one clever disguises. The ego has mastered countless ingenious maneuvers to make sure that all of its desires will be met. But as long as the “I” remains above ground, refusing to die, it is doomed to death and sterility. Both the potato and the ego must surrender to the knife! But the strength of the “I” should not frighten us, for it is this very potency, which after being cut out and buried, will become the power for fertilizing a new and dynamic personality.

The death of the ego is the hardest of all spiritual sacrifices. The paradox of the Passover, the journey from Good Friday to Easter Sunday, is that we must surrender to death to find Life. When we struggle to say “no” to our needs, dying to the demands of the ego, so that we can say “yes” to the needs of others, then the self is freed from its cramped cocoon. When we can relate to the needs of others – to our family as well as complete strangers – by lives of service, we cut out the “I.” No marriage, friendship or community offers an easy, painless escape; it promises only the vital condition of common living. That common life is the rich soil for new life and growth. But unless we have first used a knife on the ego, the soil becomes only a battleground and smells of death and destruction. A wholesome spiritual life encourages self-giving service, that daily learning to say “no” to ourselves in order to say “yes” to the other. In their proper order, both are words of freedom. (from Edward Hays’ “A Pilgrim’s Almanac”)

**“Let us Pray for the Conversion of the World & for Peace”**

Weekly Offertory for  
3/24/2019

Sunday Offertory + \$4,070.50  
On-line Giving + \$1,843.92  
Total Collection + \$5,914.42

Additional Donations:

- CHILDREN’S + \$14.55
- Food Bank + \$19.30
- Religious ed. + \$5.00
- Holy Thursday + \$10.00
- Easter Flowers + \$522.00
- Ash Wednesday + \$45.00

**To Contribute on-line, please see our website.**

**How to Change the World**

A devout and holy rabbi once said, *“In my youth, fired with the love of God, I thought I would convert the whole world. But soon I learned it would be quite enough to convert the people who lived in my village. I tried that for a long time, but I was unsuccessful. Then I realized that my program was still too ambitious, so I concentrated on reforming the members of my own household. But I couldn’t convert them either. Finally it dawned on me that I must work only upon myself. But I have stumbled in my attempts to accomplish even that.”*

This story reminds us of who should be the subject of our reform during this Season of Lent. While the world is filled with great injustices, and there are endless lists of causes that we might take up – from “Ban the Bomb” to “Save the Whales” – let us begin to reform the world by a serious attempt to reform ourselves first. The world will find itself being changed at the speed of each personal conversion.



**Lenten Penance  
Service Schedule**

April 8, Monday,  
Sacred Heart (Jnt.)

**April 9, Tuesday,  
St. Regis (Trafford)**

April 10, Wednesday,  
St. John’s (Delmont)

April 11, Thursday,  
M.O.S. (Murrysville)

April 15, Monday,  
St. Barbara’s (H.C.)

You're Invited

To The Saint Regis Annual Church Cleaning  
Hosted by The Holy Spirit.

Please consider attending this special event to prepare our Church for the Resurrection of the Lord. We need you to make this labor of love a success! What a wonderful opportunity to use your 'Time and Talents' to return to the Lord.

R.S.V.P. To Joyce Miller  
412-372-4577 ext.206

Stations of the Cross

with Musical Meditations by the  
St. Regis Handbell Choir

Wednesday, April 10, 7PM

The Handbell Choir will present Lenten pieces of music for meditation on several Stations of the Cross. This will allow those who attend to reflect in a personal way on Christ's journey to Calvary.

Stations of the Cross Schedule for the remainder of the Lenten Season 2019:

April 3 – Traditional Stations of the Cross

April 10 - Pope John Paul II Stations of the Cross with Handbell Choir Meditations

We have a wonderful opportunity for you if you would like to share your faith with the children and youth of this parish. **We are in need of catechists, aides and substitutes this year and next school year.** You don't have to be a teacher, just have a love of our Catholic faith and a desire to pass on that faith to our children. Please think about this opportunity and pray about it. If you feel this is something you would like to do, please contact Karen in the Office of Faith Formation as soon as possible.

SAVE THE DATE – The Knights of Columbus invite parishioners to pray with them in front of the Planned Parenthood abortion mill on Penn Ave. in downtown Pittsburgh as a part of the **40 DAYS FOR LIFE** Lenten campaign. The date/time is as follows : April 5th, 3pm-5pm. Contact : Pat Malley at 412/373-1915 or [mallemail@comcast.net](mailto:mallemail@comcast.net) if you're interested in helping to end abortion through prayer and peaceful vigil.



Just a reminder for all First Holy Communion families. There will be a First Holy Communion Workshop on Saturday, April 13, 2019 at 9:30am in Gillen Hall. We will be preparing to receive the Body and Blood of Jesus for the first time and making pew banners. All students who will be receiving First Holy Communion this year and at least one parent are required to attend this workshop. Please contact the Office of Faith Formation if you have any questions.

*Wilson Candy* **Easter Candy**  
Deadline for candy orders is today, Sunday, March 31st. Forms are available outside of the doors going into the Church and in the office. **We are way behind our target and are looking for many more orders! If you are buying Easter candy, please consider helping St. Regis.** Thank you in advance for your help and generosity. The more we sell, the better return we receive from Wilson Candies. Return the order forms to the office or in the collection baskets.



The St. Regis Double

The new "St. Regis Double (twice the 500 Club) ticket is now on sale in the office. It will be a \$1000 payout ticket (still 5 numbers) for \$10. The drawing will take place on Sunday, April 28th at 7:00pm (PA Lottery). Thank you for everything you do and for your support of this Parish fundraiser.



During Lent, we are asked to focus more intently on "almsgiving," which means donating money or goods to the poor and performing other acts of charity. As one of the three pillars of Lenten practice, almsgiving is pleasing to God. For many though, almsgiving is the hardest discipline to submit to during Lent and throughout the year. We need to remember that there are different ways to give charitably, and remember that all acts of charity are pleasing to God.

**This week's Lenten Opportunity:** Read Matthew 6:1-4. Try giving alms in a different way. Some ideas: \*Skip the Starbucks latte and donate the money to the church or a good cause. \*Skip that restaurant meal and volunteer to take or make a meal to someone in need. \*Skip the hockey game, concert or movie and go visit someone in a nursing home. \*Skip the trip to the mall. Instead, clean out your closet and donate to a thrift store or needy family.

# April 2019



He was raised on the third day in accordance with the Scripture  
1 Corinthians 15:4

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
7) 9:30am <b>Mass/</b> CLW 10:30am Coffee & Donuts 11:00am SHYM	1) 8:00am <b>Mass</b> 1:00pm Sleeping bag project	2) 8:00am <b>Mass/ w</b> Lenten Morning Prayer 9am & 6:30pm Adult ED 'Oremus' 7:30pm Life of Joy	3) 8:00am <b>Mass</b> 4:00pm Chimes practice 7:00pm <b>Stations of the</b> <b>the Cross</b> 7:30pm Handbell	4) 8:00am <b>Mass</b>	5) No Mass	6) 4:00pm Confessions 5:00pm <b>Mass</b> 6:00pm Coffee & Donuts	
7) 9:30am <b>Mass/</b> CLW 10:30am Coffee & Donuts 11:00am SHYM	8) 8:00am <b>Mass</b> 8:30am AARP taxes 1:00pm Sleeping bags 6:15pm Rel. ED./ MYM 7:00pm Confessions at Sacred Heart (Jnt.)	9) 8:00am <b>Mass/w</b> Lenten Morning Prayer 9am & 6:15pm Adult Ed. 'Oremus' 7:00pm <b>Confession at</b> <b>St. Regis</b>	10) 8:00am <b>Mass</b> <b>NO</b> Adoration 4:00pm Chimes practice 7:00pm <b>Stations of the</b> <b>Cross</b> 7:00pm Confessions at St. Johns (Delmont) 7:30pm Handbell practice	11) 8:00am <b>Mass</b> 7:00pm Confessions at Mother of Sorrows (Murrysville)	12) No Mass	13) 9:30am First Holy Communion Workshop 5:00pm <b>Mass</b> 6:00pm <b>Easter Candy</b> <b>Pick-up</b> <b>"Maintenance</b> <b>Collection"</b> 	
14) 9:30am <b>Mass/</b> CLW /Chimes 10:30 <b>Easter Candy</b> <b>pick-up</b> <b>"Maintenance</b> <b>Collection"</b> 	15) 8:00am <b>Mass</b> 1:00pm Sleeping bags 7:00pm Confessions at St. Barbara's (HC)	16) 8:00am <b>Mass/w</b> Lenten Morning Prayer 8:30am Church cleaning  7:30pm Life of Joy	17) 8:00am <b>Mass</b> 6:30pm Evan. Comm. mtg	<b>"OFFICE CLOSED"</b> 18) 10:00am <b>Christm</b> <b>Mass at Cathedral</b> 7:00pm <b>Mass of the</b> <b>Lord's Supper</b> 8:00pm <b>Adoration of</b> <b>the Eucharist</b> 8:00pm KOC pilgrimage	<b>"OFFICE CLOSED"</b> 19) 1:30pm Chaplet of Divine Mercy 2:00pm <b>Good</b> <b>Friday Service</b> 3-6pm Veneration of the Cross 6:00pm Church decorating	20) 9:00am Handbell practice 12:00pm Blessing of Easter Baskets <b>Easter Vigil</b> <b>8:45pm</b>	
21) 8:00am <b>Mass</b> 10:30 <b>Mass</b> 	22) No Mass 1:00pm Sleeping bags	23) No Mass 7:30pm Life of Joy	24) No Mass 4:00pm Chimes practice 6:30pm Handbells practice 7:00pm KOC mtg	25) No Mass	26) No Mass	27) 4:00pm Confessions 5:00pm <b>Mass</b> <b>"Accent Collection"</b>	
28) 9:30 .am <b>Mass/</b> Chimes 11:00 SHYM 1:00pm KOC Bingo 7:00pm St. Regis Double drawing <b>"Accent Collection"</b>	29) 8:00am <b>Mass</b> 6:15pm Rel. ED. /MYM	30) 8:00am <b>Mass /w</b> Easter Morning Prayer 6:00pm First Holy Communion practice	<b>HOLY WEEK ALTAR SERVER PRACTICES:</b> <b>Wed. 4/17 at 6:30pm for Holy Thursday.</b> <b>Fri. 4/19 at 10:00am for Good Friday</b> <b>Sat. 4/20 at 1:00pm for Easter Vigil</b>				8:00AM <b>Mass w/ Schola</b>  10:30am <b>Mass w/ Easter Chorale</b> 

# St. Regis Coming Events

**First Holy Communion workshop.**

**Sat. April 13th. 9:30am to 11:30am.**



**Knights of Columbus Bingo**

**Sunday April 28th.**

**1:00pm to 3:30pm.**



**Easter Egg Distribution**

**Sat, Apr. 20th & Sun,**

**Apr. 21st. After Mass**



**Easter Morning Prayer....**

**April 30, May 5, 21, 28 &**

**June 4th.**



**First Holy Communion**

**Sunday May, 5th. 9:30am Mass**



**Confirmation**

**Thursday, May**

**16th. 7:00pm at**

**St. Barbara's Parish**



**Graduation Mass Sunday**

**May 19th. 9:30am Mass**



**Saturday, May 18th Pot**

**Luck Dinner With**

**Square Dancing!!**

**After 5:00pm Mass.**



**Potluck**



**Coffee & Donuts  
1st. Weekend  
of each month!**

**The St. Regis Double Drawing  
Sunday April 28th.  
7:00pm PA Lottery**



**K.O.C. Mother's Day  
Pancake Breakfast  
Sunday, May 12th.**

**Sister Parish Bake Sale**

**Saturday, May 25th**

**after 5pm Mass & Sun-**

**day May 26th. After**

**9:30am Mass.**



## DIOCESAN-LOCAL— AREA CHURCHES

**Sunday, April 14th. 2Pm—5pm.  
Trafford American Legion Post 331**




**Sisters of Charity of Seton Hill sponsor 2019 speakers' series.** The Sisters of Charity of Seton Hill are offering speaker programs to parishes and organizations. For a full list of topics or to schedule a speaker, contact Sister of Charity Colette Hanlon at 724-836-0406, ext. 6616, or [chanlon@scsh.org](mailto:chanlon@scsh.org).

**Saturday Mass, Soup and Bread Lunch at Diocesan Heritage Center in Lent.** The Diocesan Heritage Center will host Mass followed by a soup and bread lunch on the remaining Saturdays in Lent (April 6 and 13). Mass is at 10:30 a.m. in St. Joseph Chapel at the Christ Our Shepherd Center. The Heritage Center's Lenten exhibition will be open on Saturdays in Lent from 9 a.m.-1 p.m.

Catholic Schoolhouse, a local homeschool program, is currently registering students for the 2019-2020 academic year in Greensburg, PA. More than an academic co-op, Catholic Schoolhouse is a structured program meeting weekly for homeschoolers that includes chorus, two hours of classroom instruction, science experiments, art projects, and opportunities for socializing after class. Please join us at Panera Bread-Greengate Center on Saturday, April 6, 2019, at 2:00 PM for an informational meeting. Contact Rebecca at 217-778-7599.

Bingo will be held at St. Barbara Parish, Harrison City, on **Wednesday, April 3.** Good neighbor games are featured this month. There is a \$1000 consolation prize for the All-Nighter game. Must go \$1400 Jackpot. Packages start at \$27. Doors open 5:00/games 6:45. Handicapped accessible. Full kitchen/free coffee. Call 724-744-4584 for more information.

 Thanks to all of our areas Churches that have supported our efforts to feed the elderly in your community. We are teaming with MAX & ERMAS in Monroeville for a fund raiser on Monday April 8, It appears to be quite simple, just mention ST. PAUL'S MEALS ON WHEELS on April 8 when dining at MAX & ERMAS and the restaurant will donate a percentage of your receipt to our organization. Thank-You for you support in advance.

"Open your heart to HOPE," the 2019 Diocesan Lenten Appeal, helps HOPE shine. In our Catholic schools, the DLA helps more than 2,300 students shine! Go to [dioceseofgreensburg.org/HOPE](http://dioceseofgreensburg.org/HOPE) to see a video of Jesse Dermotta, who attends Queen of Angels Catholic School. She was one of the founding members of the Kindness Club, which strives to walk the path of Christ, doing unto others as they would have done unto them. To make an online donation visit [www.dioceseofgreensburg.org/HOPE](http://www.dioceseofgreensburg.org/HOPE).



**Your Invited! Prayer in the spirit of the Taize' Community is a meditative form of common prayer, which allows the mystery of God to become tangible through the beauty of simplicity. The structure of prayer is very similar to the Divine Office with chants, psalms, a scripture reading, reflection and silence. Taize' Prayer will begin to transform you faith bringing you to a closer relationship with Our Lord and engaging the spirit. Please join us at 6:30 pm on the remaining Thursdays of Lent at Sacred Heart Church 504 Cowan Avenue, Jeannette PA 15644. If there are any questions contact Theresa Mazur at [tmazur@dioceseofgreensburg.org](mailto:tmazur@dioceseofgreensburg.org)**

**Our Lady of Grace Parish to host Irish tenor Emmet Cahill May 6th.** Irish tenor Emmet Cahill, who has performed with Celtic Thunder, will be in concert at Our Lady of Grace Parish, Greensburg, May 6 at 7:30 p.m. Tickets are \$30 for general admission to the concert; \$45 for the concert and a meet-and-greet with Cahill at 5:45 p.m. Tickets are available at [emmetcahill.com](http://emmetcahill.com).

**Designer Purse Bingo!**  
**Mother of Sorrows** Gymnasium 3264  
Evergreen Drive

Murrysville, PA 15668

Sunday, May 5, 2019 2:00 pm, doors at 12:45 pm

**Tickets:** \$30 in advance, \$35 at the door

**724-733-8840**

[mossdesignerpursebingo@outlook.com](mailto:mossdesignerpursebingo@outlook.com)